


# Lunch Menu

## SURRY COUNTY HIGH SCHOOL SEPTEMBER 2023

# LABOR DAY

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1 	2
3	4 <b>CLOSED</b> <b>LABOR DAY</b>	5 Tuna w/crackers or Deli Sandwich Chef Salad w/Crackers <u>May take 2:</u> Broccoli or Baked Beans <u>May take 1:</u> Fresh Fruit or Applesauce	6 Chicken w/2oz Dinner Roll Chef Salad w/Crackers <u>May take 2:</u> Green Beans or Mashed Potatoes <u>May take 1:</u> Fresh Fruit or Mixed Fruit	7 BBQ w/2oz Bun or Fish Nugget w/2oz Bun Chef Salad w/Crackers <u>May take 2:</u> Green Peas or Mixed Greens <u>May take 1:</u> Fresh Fruit or Peaches	8 Pizza or Chicken Nuggets w/2oz Roll Chef Salad w/Crackers <u>May take 2:</u> Carrots or Corn <u>May take 1:</u> Fresh Fruit or Pears	9
		Milk	Milk	Milk	Milk	
10	11 Corn Dogs Nuggets or Burrito Chef Salad w/Crackers <u>May take 2:</u> Turnip Greens or Corn <u>May take 1:</u> Fresh Fruit or Applesauce	12 Beef Soft Taco w/Wrap or Chicken Fajita w/Wrap Chef Salad w/Crackers <u>May take 2:</u> Collard Greens or Green Peas <u>May take 1:</u> Fresh Fruit or Pineapples	13 Meatloaf w/2oz Dinner Roll Chef Salad w/Crackers <u>May take 2:</u> Green Beans or Mashed Potatoes <u>May take 1:</u> Fresh Fruit or Pears	14 Rib B Q w/2oz Bun or Hotdog w/2oz Bun Chef Salad w/Crackers <u>May take 2:</u> Potato Rounds or Baked Beans <u>May take 1:</u> Fresh Fruit or Peaches	15 Pizza or Chicken Nuggets w/2oz Roll Chef Salad w/Crackers <u>May take 2:</u> Carrots or Corn <u>May take 1:</u> Fresh Fruit or Mixed Fruit	16
	Milk	Milk	Milk	Milk	Milk	
17	18 Chicken Pattie w/2oz Bun or Pork Chop Fritter w/2oz Bun Chef Salad w/Crackers <u>May take 2:</u> Broccoli or Baked Beans <u>May take 1:</u> Fresh Fruit or Applesauce	19 Fish Patty w/2oz Bun or Grilled Cheese Chef Salad w/Crackers <u>May take 2:</u> Potato Rounds or Carrots <u>May take 1:</u> Fresh Fruit or Mixed Fruit	20 Spaghetti w/2oz Dinner Roll or Chicken Tender w/2oz Bun Chef Salad w/Crackers <u>May take 2:</u> Green Beans or Mashed Potatoes <u>May take 1:</u> Fresh Fruit or Pineapples	21 Meatball Sub Chef Salad w/Crackers <u>May take 2:</u> Peas or Spinach <u>May take 1:</u> Fresh Fruit or Pears	22 Pizza or Chicken Nuggets w/2oz Roll Chef Salad w/Crackers <u>May take 2:</u> Carrots or Corn <u>May take 1:</u> Fresh Fruit or Pears	23
	Milk	Milk	Milk	Milk	Milk	
24	25 Cheeseburger w/2oz Bun or Dill Chicken Patty w/2oz Bun Chef Salad w/Crackers <u>May take 2:</u> Broccoli or Baked Beans <u>May take 1:</u> Fresh Fruit or Applesauce	26 Corn Dogs or Fish Sticks Chef Salad w/Crackers <u>May take 2:</u> Baked Beans or Peas <u>May take 1:</u> Fresh Fruit or Mixed Fruit	27 Chicken w/2oz Dinner Roll or Chicken Tender w/2oz Bun Chef Salad w/Crackers <u>May take 2:</u> Green Beans or Mashed Potatoes <u>May take 1:</u> Fresh Fruit or Peaches	28 <b>CLOSED</b>	29 Pizza or Chicken Nuggets w/2oz Roll Chef Salad w/Crackers <u>May take 2:</u> Carrots or Corn <u>May take 1:</u> Fresh Fruit or Pears	30
	Milk	Milk	Milk		Milk	

**Milk Choices: 1% White Fat Free, Fat Free Chocolate, Fat Free Strawberry**

**\*Fresh Fruits & Vegetables will be offered daily – MUST TAKE A FRUIT OR VEGETABLE \***

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THIS MENU IS SUBJECT TO CHANGE !!!